DON’T SPREAD GERMS - WASH YOUR HANDS!

6 Steps to Flush Germs Down the Drain

1. WET
2. SOAP
3. WASH FOR 20 SECONDS
4. RINSE
5. DRY
6. TURN OFF WATER WITH PAPER TOWEL

STOP GERMS!

DON’T TOUCH YOUR MOUTH
That’s how germs get in your body and make you sick

KEEP FOOD AND DRINK OUT OF ANIMAL AREAS
Including sippy cups, bottles, and pacifiers

CLOTHING AND SHOES
Change your clothes and leave shoes at the door when you get home. Germs can “hitch a ride” on clothing and shoes.

Kids under five, senior citizens, pregnant women and those with underlying medical conditions are at higher risk for more serious infections.

More resources available at:
umash.umn.edu/agritourism

This project was funded in part by UMASH through a cooperative agreement from NIOSH/CDC, U54OH010170 and by the MDH through a cooperative agreement from CSTE/CDC 5U38OT002143. The contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.